

## BESCHREIBUNG KURSANGEBOT:

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### SEAHORSE

Kursnummer: 261637

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Ort: AZ Weiherweg , Bahn 1  
Adresse:  
Rudolfstr. 43  
4054 Basel

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Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

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Trainer: Filiz Zopfi und Peppa Schwerdtner und Ella Bucher

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 488.00 CHF

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detaillierte Lektionen: 21

| Termine: | Datum      | Uhrzeiten     |
|----------|------------|---------------|
|          | 07.01.2026 | 17:45 - 18:30 |
|          | 14.01.2026 | 17:45 - 18:30 |
|          | 21.01.2026 | 17:45 - 18:30 |
|          | 28.01.2026 | 17:45 - 18:30 |
|          | 04.02.2026 | 17:45 - 18:30 |
|          | 11.02.2026 | 17:45 - 18:30 |
|          | 04.03.2026 | 17:45 - 18:30 |
|          | 11.03.2026 | 17:45 - 18:30 |
|          | 18.03.2026 | 17:45 - 18:30 |
|          | 25.03.2026 | 17:45 - 18:30 |
|          | 15.04.2026 | 17:45 - 18:30 |

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| 22.04.2026 | 17:45 - 18:30 |
| 29.04.2026 | 17:45 - 18:30 |
| 06.05.2026 | 17:45 - 18:30 |
| 13.05.2026 | 17:45 - 18:30 |
| 20.05.2026 | 17:45 - 18:30 |
| 27.05.2026 | 17:45 - 18:30 |
| 03.06.2026 | 17:45 - 18:30 |
| 10.06.2026 | 17:45 - 18:30 |
| 17.06.2026 | 17:45 - 18:30 |
| 24.06.2026 | 17:45 - 18:30 |

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