

## BESCHREIBUNG KURSANGEBOT:

---

### CRAB

Kursnummer: 261564

---

Ort: SuFz Wenkenstrasse, Bahn 1  
Adresse:  
Wenkenstrasse 33  
4125 Riehen

---

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

---

Trainer: Astrid Blumenkamp und Svenja Schneider

---

Kursniveau: Kinder

---

Bemerkung:

---

Kosten: 488.00 CHF

---

detaillierte Lektionen: 21

| Termine: | Datum      | Uhrzeiten     |
|----------|------------|---------------|
|          | 07.01.2026 | 17:30 - 18:15 |
|          | 14.01.2026 | 17:30 - 18:15 |
|          | 21.01.2026 | 17:30 - 18:15 |
|          | 28.01.2026 | 17:30 - 18:15 |
|          | 04.02.2026 | 17:30 - 18:15 |
|          | 11.02.2026 | 17:30 - 18:15 |
|          | 04.03.2026 | 17:30 - 18:15 |
|          | 11.03.2026 | 17:30 - 18:15 |
|          | 18.03.2026 | 17:30 - 18:15 |
|          | 25.03.2026 | 17:30 - 18:15 |
|          | 15.04.2026 | 17:30 - 18:15 |

---

---

|            |               |
|------------|---------------|
| 22.04.2026 | 17:30 - 18:15 |
| 29.04.2026 | 17:30 - 18:15 |
| 06.05.2026 | 17:30 - 18:15 |
| 13.05.2026 | 17:30 - 18:15 |
| 20.05.2026 | 17:30 - 18:15 |
| 27.05.2026 | 17:30 - 18:15 |
| 03.06.2026 | 17:30 - 18:15 |
| 10.06.2026 | 17:30 - 18:15 |
| 17.06.2026 | 17:30 - 18:15 |
| 24.06.2026 | 17:30 - 18:15 |

---