

BESCHREIBUNG KURSANGEBOT:

CRAB

Kursnummer: 243705

Ort: Rialto, Kursschwimmbecken Bahn 1
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

Trainer: Elena Debelic

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	04.09.2024	14:30 - 15:15
	11.09.2024	14:30 - 15:15
	18.09.2024	14:30 - 15:15
	25.09.2024	14:30 - 15:15
	16.10.2024	14:30 - 15:15
	23.10.2024	14:30 - 15:15
	30.10.2024	14:30 - 15:15
	06.11.2024	14:30 - 15:15
	13.11.2024	14:30 - 15:15
	20.11.2024	14:30 - 15:15
	27.11.2024	14:30 - 15:15

04.12.2024	14:30 - 15:15
11.12.2024	14:30 - 15:15
18.12.2024	14:30 - 15:15
