

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 251563

Ort: SuFz Wenkenstrasse, Bahn 2
Adresse:
Wenkenstrasse 33
4125 Riehen

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Nevitha Sivarajah

Kursniveau: Kinder

Bemerkung:

Kosten: 465.00 CHF

detaillierte Lektionen: 20

Termine:	Datum	Uhrzeiten
	08.01.2025	16:45 - 17:30
	15.01.2025	16:45 - 17:30
	22.01.2025	16:45 - 17:30
	29.01.2025	16:45 - 17:30
	05.02.2025	16:45 - 17:30
	12.02.2025	16:45 - 17:30
	19.02.2025	16:45 - 17:30
	26.02.2025	16:45 - 17:30
	19.03.2025	16:45 - 17:30
	26.03.2025	16:45 - 17:30
	02.04.2025	16:45 - 17:30

09.04.2025	16:45 - 17:30
30.04.2025	16:45 - 17:30
07.05.2025	16:45 - 17:30
14.05.2025	16:45 - 17:30
21.05.2025	16:45 - 17:30
04.06.2025	16:45 - 17:30
11.06.2025	16:45 - 17:30
18.06.2025	16:45 - 17:30
25.06.2025	16:45 - 17:30
