

## BESCHREIBUNG KURSANGEBOT:

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### FROG

Kursnummer: 263562

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Ort: SuFz Wenkenstrasse, Bahn 2  
Adresse:  
Wenkenstrasse 33  
4125 Riehen

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Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

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Trainer: Anouk Klodel

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	12.08.2026	16:45 - 17:30
	19.08.2026	16:45 - 17:30
	26.08.2026	16:45 - 17:30
	02.09.2026	16:45 - 17:30
	09.09.2026	16:45 - 17:30
	16.09.2026	16:45 - 17:30
	23.09.2026	16:45 - 17:30
	14.10.2026	16:45 - 17:30
	21.10.2026	16:45 - 17:30
	28.10.2026	16:45 - 17:30
	04.11.2026	16:45 - 17:30

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11.11.2026	16:45 - 17:30
18.11.2026	16:45 - 17:30
25.11.2026	16:45 - 17:30
02.12.2026	16:45 - 17:30
09.12.2026	16:45 - 17:30
16.12.2026	16:45 - 17:30

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