

## BESCHREIBUNG KURSANGEBOT:

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### CRAB

Kursnummer: 203578

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| Ort:     | Hallenbad Kleinhüningen, Bahn 3 |
| Adresse: | Dorfstrasse 51<br>4057 Basel    |

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

|              |                                                              |               |
|--------------|--------------------------------------------------------------|---------------|
| Trainer:     | Aurelia Huck und Tonka Saphina Schwerdtner und Sandra Studer |               |
| Kursniveau:  | Kinder                                                       |               |
| Bemerkung:   |                                                              |               |
| Kosten:      | 327.50 CHF                                                   |               |
| detaillierte | <u>Lektionen: 16</u>                                         |               |
| Termine:     | Datum                                                        | Uhrzeiten     |
|              | 15.08.2020                                                   | 13:15 - 14:00 |
|              | 22.08.2020                                                   | 13:15 - 14:00 |
|              | 29.08.2020                                                   | 13:15 - 14:00 |
|              | 05.09.2020                                                   | 13:15 - 14:00 |
|              | 12.09.2020                                                   | 13:15 - 14:00 |
|              | 19.09.2020                                                   | 13:15 - 14:00 |
|              | 26.09.2020                                                   | 13:15 - 14:00 |
|              | 17.10.2020                                                   | 13:15 - 14:00 |
|              | 24.10.2020                                                   | 13:15 - 14:00 |
|              | 31.10.2020                                                   | 13:15 - 14:00 |
|              | 07.11.2020                                                   | 13:15 - 14:00 |

|            |               |
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| 14.11.2020 | 13:15 - 14:00 |
| 21.11.2020 | 13:15 - 14:00 |
| 28.11.2020 | 13:15 - 14:00 |
| 05.12.2020 | 13:15 - 14:00 |
| 12.12.2020 | 13:15 - 14:00 |

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